



PALM GARDEN RETREAT  
HELEN ZILLE WING  
— SEA POINT —

### Healthcare Enquiries

(t) +27 (0)21 430 6200  
(e) sha@palmgarden.co.za  
After hours: 082 450 0851

(w) www.palmgarden.co.za

### General Enquiries:

Palm Garden Retreat- Helen Zille Wing  
4 Quendon Rd, Sea Point, Cape Town  
(t) +27 (0)21 430 6300  
(f) +27 (0)21 439 1174



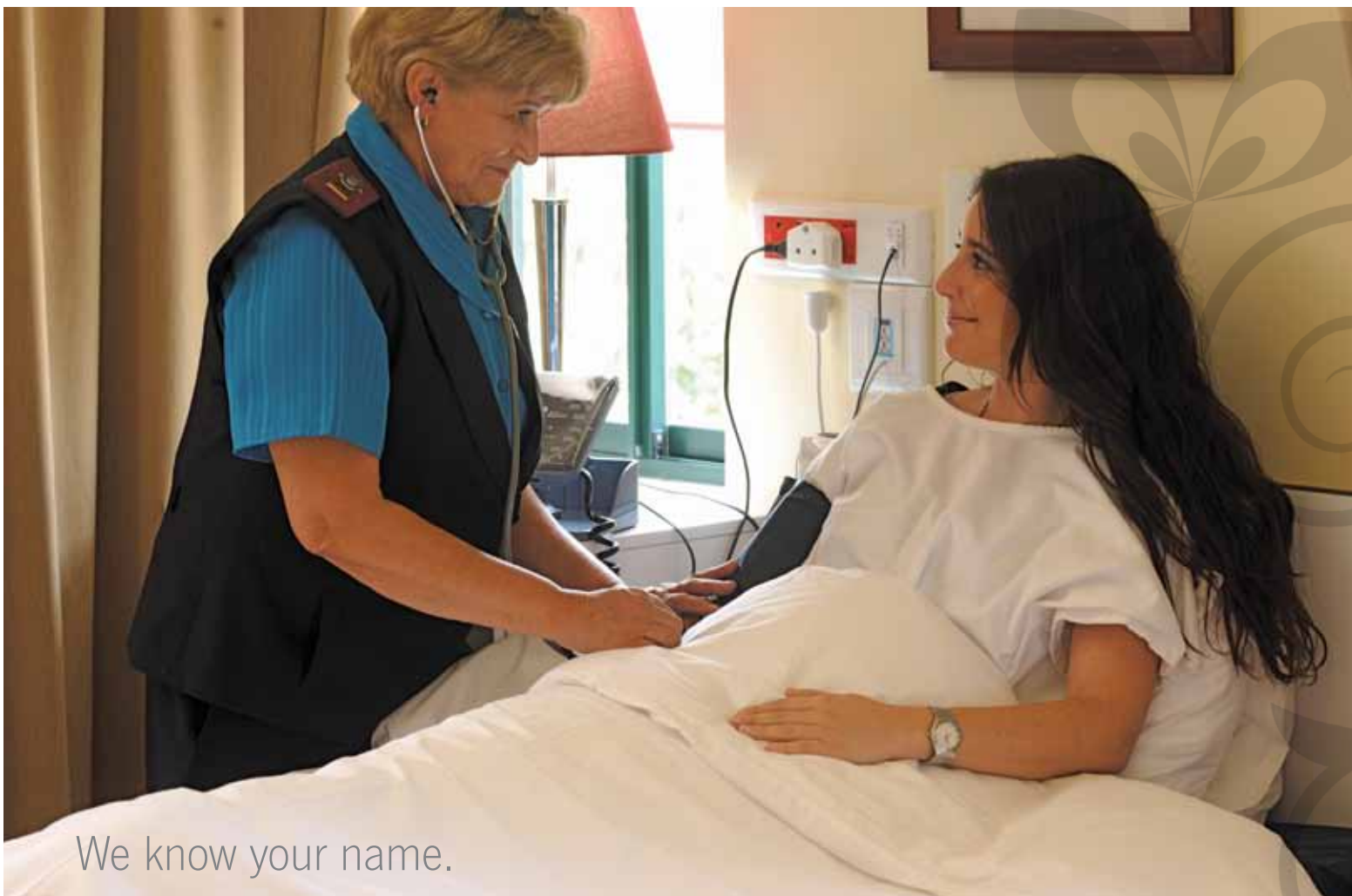
PALM GARDEN RETREAT  
HELEN ZILLE WING  
— SEA POINT —

“In the heart of Sea Point, Palm Garden Retreat’s Helen Zille Wing is known to be the best in Sub-Acute Step-Down care”

We strive to maintain this very high standard. Love, dignity and respect are at the core of our philosophy.







We know your name.

## Palm Garden Retreat's Helen Zille Wing, a tranquil private sub-acute step-down facility.

This 19 bed facility has 14 single private rooms, one double room and one four bedded ward; ensuring that your stay is in the interest of both your personal requirements and your privacy.

Our experienced and highly skilled Nursing Manager, team of Nursing Sisters, Staff Nurses, Carers and consulting Physiotherapists will cater for all your medical and personal needs.

Our interior invites you to feel as though you are in a boutique style hotel environment. We take pride in our facilities, and offer the best in both recreational and healthcare offerings.

### Healthcare:

- Oncology recovery ward
- Under 4 min Ambulance Emergency Response Time
- Treatment Room
- Long term care - A personalised care programme will be set up by our consulting Doctor to cater for each patient's individual needs
- Our Case Manager works with your Medical Aid Provider on all administrative matters to ensure peace of mind and a hassle free stay
- Assisted living available at Palm Garden Retreat Retirement facility

### Recreational:

- Marrakech-style courtyard garden with peaceful water features
- Dining area
- Lounge
- Mini Library
- Mini Movie theatre
- Games room
- Lemon and Lime Bistro
- Heated swimming pool
- Exercise room